

# LA GRULLA 2026

## Mission Trip Details

### **Cost:**

The cost of this trip is \$425, which includes all your expenses during the week. Everyone has already paid a \$100 deposit, leaving each participant with a final balance of \$325. See below for your balance. Final payments can be made anytime and are due by June 4th at our parent meeting. The balance may be paid by cash, check, (made out to First Woodway), or online at [www.firstwoodway.org/youth](http://www.firstwoodway.org/youth) under the "missions" tab. Please contact Terri with any questions.

### **Prep Meetings:**

Students will meet on Tuesday, June 2nd and Thursday June 4th from 2-4:30 pm in The Venue. In these meetings we will prepare for our VBS at Alto Bonito park. Please make every effort to be there both days. If you absolutely have to miss, please text Chase at (254) 495-4988 or Terri at (254) 715-1737.

### **Parent Meeting:**

We have a parent meeting on Thursday June 18th at 6:00 pm in The Venue. Everyone must have completed their La Grulla FW Release Form and the Valley Baptist Retreat Release as well as paid their remaining balance by this time. We will do our best to be done in around 30 minutes!

### **Packing List:**

Please carefully review the packing list that we have included and be prepared to bring all that you need for the week! (Pack as light as you can, we will be limited on trailer space.)

### **Schedule:**

You can find a tentative schedule included here as well! Our group projects are still in progress but we will be spending time outside in the heat so please be warned and be prepared. Sunscreen, hats, and water bottle are an absolute must. We will let you all know more at our upcoming meetings.

If you have further questions, thoughts, or concerns at this time, please call Chase or Terri at the youth office at 254-772-9696, or you can email us at: [cwommack@firstwoodway.org](mailto:cwommack@firstwoodway.org) or [tjones@firstwoodway.org](mailto:tjones@firstwoodway.org). Be sure to continue to pray for our mission trip to La Grulla and all that God is going to do in and through our team! This is a special place, and God has a unique plan and purpose for our time there this June.

STUDENT NAME: \_\_\_\_\_ Deposit paid? \$ \_\_\_\_\_

Balance Due \$ \_\_\_\_\_ (Due by parent meeting on June 18th)

cash, check made out to FW, or online (scan QR code -->)  
[www.firstwoodway.org/youth](http://www.firstwoodway.org/youth) (missions tab)



# La Grulla 2026 Packing List

## **What to bring:**

- Bible, journal, and pen (ESSENTIALS!!) If you don't have a hard copy of the Bible or a journal please reach out to Chase and we'll be happy to provide you with one
- Pillow and sleeping bag (or sheets and blanket)
- Towels (regular and beach)
- Toiletry items (shampoo, soap, **DEODORANT**, etc.)
- Swimsuit (one-piece only)
- SUNSCREEN
- WATER BOTTLE
- Flashlight
- Work clothes
- Work gloves
- Spending money for snacks. The trip cost covers all meals including travel meals
- The best, positive, encouraging, Christ-like attitude of service you could possibly bring! Pray now that he would fill you with the fruits of the spirit and those would be evident on this trip!

## **Dress Code:**

- Shorts must be a modest length (put your fists down at your side, if they don't go past your fist they're too short)
  - On this trip we will reserve the right to ask you to change if we think your shorts are too short. No disputes.
- No tank tops or spaghetti straps. Pack t-shirts.
- Swimsuits must be one-piece only. We want to practice modesty in every way possible.
- In short, this is a mission trip so please pack your clothes with that in mind. If you have to ask us if you can wear it, just go ahead and pack something more modest.

## *Side notes:*

- Take it easy with the luggage. We are limited on trailer space.
- It may be a good idea to bring a small bag like a backpack or string bag to take things to and from the park and the beach.
- You represent not only FWYM as a part of this trip but you represent Christ in all that you do. **EVERYTHING WE DO IS THE MESSAGE WE WANT TO SHARE.** We expect students who participate in every one of our mission trips to understand this and to let our behavior and words reflect it.

# La Grulla '26 | June 21 - June 27

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## Saturday, June 20

7:00pm Load trailer with luggage

## Sunday, June 21

5:00am Meet at First Woodway/Leave for South Texas

2:30pm Arrive in La Grulla / pass out VBS flyers

4:30pm Move in to retreat center

6:00pm Dinner

7:30pm VBS Preparation and free time

9:00pm Group meeting time

## Monday, June 22 - Thursday, June 25\*

7:00am Breakfast

7:45am Devotional

8:45am Work projects in McAllen

11:15pm Head to La Grulla

12:00pm Lunch at Church

1:00pm Vacation Bible School

6:00pm Dinner

7:00pm Free time

9:30pm Group meeting time

*\*Monday evening, we will visit a refugee center in Harlingen*

*\*Thursday evening, we will host a VBS Family Night event at Alto Bonito Park*

## Friday, June 26

7:00am Breakfast

7:45am Devotional

10:30am Head to South Padre Island (lunch on way)

1:00pm Beach Time

4:00pm Shower & Change

5:30pm Dinner/Shopping in Padre

7:30pm Head back to VBR

9:30 pm Group meeting Time

## Saturday, June 27

7:30am Breakfast

Load up and head for home

4:30pm Estimated arrival at First Woodway

### **Lodging Location**

Valley Baptist Retreat Center  
1600 E Business 83  
Mission, TX 78572

### **Church Partner Location**

La Grulla Iglesia Baptista  
307 E Las Palmas Street  
La Grulla, TX 78548

### **VBS Ministry Location**

Alto Bonito Park  
La Grulla, TX 78548

### **Contact Info:**

Chase Wommack 254-495-4988 (on trip)

Rodney Bowden 254- 723-1326 (on trip)

Terri Jones 254-715-1737 (Waco)

# La Grulla Mission Trip: June 21-27, 2026

## Travel Permit/Medical Release

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Gender: M F Grade: (as of May 2026) \_\_\_\_\_ School: \_\_\_\_\_

**Parent/Guardian Name(s):** \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Work Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Cell Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Name of person to notify (if a parent cannot be reached):** \_\_\_\_\_

Home Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Cell Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Family Physicians Name:** \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Name of Primary Insurance Policy:** \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Other Pertinent Medical Information:** \_\_\_\_\_

\_\_\_\_\_

**I agree to permit \_\_\_\_\_ to attend the Mission Trip to La Grulla on June 21-27, 2026 with the First Woodway Youth Ministry. The trip sponsors have my permission to seek any medical treatment for my child.**

**Medical Release/Authorization:** I hereby give authority to one of the trip sponsors to secure any necessary medical treatment in the event of an emergency due to sickness or accident while on this outing. I understand that our family physician will be contacted, if possible, but in the event that he cannot be reached, the counselor in charge may choose a reputable physician. We assume all of the risks and hazards incidental to the conduct of the activities and transportation to and from the area. We do hereby release, absolve, indemnify and hold harmless the First Woodway Baptist Church, the organizers, the sponsors, and supervisors from any and all loss, injury, or other damage to us or the above-named youth rising out of the trip. In case of injury we hereby waive all claims against the organizers, the sponsors, or any of the supervisors appointed by them. We likewise release from responsibility any person transporting our child to and from the activities.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date



# Valley Baptist Mission Education Center Valley Baptist Retreat

1600 E Business 83 ~ Mission, Tx  
Reservations (956)585-4393

## Participant Individual Release Form

Please sign below and turn in one form for each participant upon arrival at VBMEC/ Valley Baptist Retreat campus.

I \_\_\_\_\_, (minors must have parent's name here) speaking for myself or my child, do hereby agree to release and hold harmless Valley Baptist Mission Education Center/Valley Baptist Retreat, its staff, its board, Rio Grande Valley Baptist Association, the Baptist General Convention of Texas and all supporting ministries of **any responsibility for accidental injuries, sicknesses or incidents sustained during our time at VBMEC/ Valley Baptist Retreat.**

We do hereby give the staff of VBMEC/ Valley Baptist Retreat permission to hospitalize, secure treatment as deemed necessary should the leader of the group not be available to make said decisions. I also acknowledge that I have read and agree to the policies and procedures of VBMEC/ Valley Baptist Retreat, and that if I violate any rules of the facility there or otherwise posted, that I can be asked to leave at my own expense without repercussions to VBMEC/ Valley Baptist Retreat . This decision is to be determined by the board or the on duty Director. I hereby understand and consent to the use of any photographs/videos taken at the facility or VBMEC / Valley Baptist Retreat sponsored activities to be used in the use of VBMEC promotional materials.

I \_\_\_\_\_ (attendee name) have read and agree to abide by the policies set forth by VBMEC/ Valley Baptist Retreat and understand that if I violate these, I can be asked to leave the facility at my own expense.

\_\_\_\_\_  
Attendee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent signature if Attendee is under 18

\_\_\_\_\_  
Date

Name of your Group/Church: First Woodway Baptist Church